

Understanding Primitive Mental States

Susan Finkelstein, LCSW, Director

The Work of Psychoanalysis: Sexuality, Time and the Psychoanalytic Mind

Presenter:

Dana Birksted-Breen

Editor-in-Chief, The International Journal of Psychoanalysis

Winter – Spring 2021

3:00pm-4:30pm EST

This ongoing clinical and theoretical seminar will focus on the workings of the mind of the psychoanalyst during the analytic session which includes issues related to *temporality, spatial dimensions and sexuality*. Attention will be paid to unconscious phantasy as it evolves in the session details between analyst and patient and their interlocking and overlapping vertices. We will consider the clinical concepts of countertransference and the Bionian notion of containment and how they are both understood and sometimes misused.

Dana Birksted-Breen, PhD is a training and supervising psychoanalyst of the British Psychoanalytical Society. Former Editor of the New Library of Psychoanalysis books she is currently Editor-in-Chief of the *International Journal of Psychoanalysis*. Her latest book is *The Work of Psychoanalysis, Sexuality, Time and the Psychoanalytic Mind*, New Library of Psychoanalysis, Routledge 2016. Her most recent paper “Pathways of the Unconscious: When the Body is the Receiver/Instrument” was published in the Centenary issue of the *International Journal of Psychoanalysis* (issue 6, 2019). She conceived and co-curated an exhibition at the Freud Museum, London, “*The Enigma of the Hour, One Hundred Years of Psychoanalytic Thought*” (June- August 2019) and a short film about it <https://vimeo.com/383978034>

Program Dates: This ongoing seminar will meet on the second Thursday of the month from 3-4:30pm EDT with the exception of the month of May. January 14, February 11, March 11, April 8, May 27, and June 10

Program Fee: \$750

Learning Objectives:

- 1) Participants will be able to define the psychoanalytic concepts of time, spatial dimensions, sexuality and their interplay in the transference and countertransference dynamic.
- 2) Participants will be able to define Bion's concept of containment and differentiate between its authentic use and its misuse in the countertransference situation.

Relevant Readings:

Birksted-Breen, D. (1996). Phallus, Penis and Mental Space. *Int. J. Psycho-Anal.*, 77:649-657

Birksted-Breen, D. (2012). Taking Time: The Tempo of Psychoanalysis. *Int. J. Psycho-Anal.*, 93(4):819-835

Birksted-Breen, D. (2016). Bi-Ocularity, the Functioning Mind of the Psychoanalyst. *Int. J. Psycho-Anal.*, 97(1):25-40

Birksted-Breen D (2016); *The Work of Psychoanalysis: Sexuality, Time and the Psychoanalytic Mind*, Routledge New Library of Psychoanalysis

Susan N Finkelstein, LCSW, UPMS Director, is a Training and Supervising analyst at the Contemporary Freudian Society and Fellow at IPTAR. She developed Understanding Primitive Mental States, a study group where she teaches The Internal World and Its Objects, The Claustro-agoraphobic Dilemma, Clinical Klein, Bion and Beckett: The Not-I Patient. At the APsA winter meetings, she co-chairs a discussion group with Nasir Ilahi on Schizoid Modes-Spatial Time Continuum. She is in private practice in NYC in psychoanalysis, psychotherapy, couple therapy and clinical supervision. She is an associate board member of the International Journal of Psychoanalysis.

Continuing Education Credits:

Susan N. Finkelstein, LCSW, PC is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0262. CE credits are granted to participants with documented attendance of the entire program. No partial credits will be offered. It is the responsibility of the participants seeking CE credits to comply with these requirements. Upon completion of this program and evaluation form, participants will be granted **9 CE credits**.

To Register:

Please contact Susan Finkelstein to register and make payment arrangements.

Advance Limited Registration Only. No cancellation or refund, except for a medical emergency.

For additional information, please contact Susan Finkelstein, Program Director (917-838-3266 or susanfcsw@aol.com)